

Womens Preliminary start 9:00 am – 15 second intervals

16 advance to rounds

Juniors in top 16 advance to Open rounds, subsequent juniors fill JR rounds

A FINAL only

Open women	JR women
Q1 10:15	Q1 10:35
Q2 10:20	Q2 10:40
Q3 10:25	Q3 10:45
Q4 10:30	Q4 10:50
Semi 1 10:55	Semi 1 11:05
Semi 2 11:00	Semi 2 11:10
Final 11:15	Final 11:20

Mens preliminary start at 12:00

16 advance to rounds

Juniors in top 16 advance to Open rounds, subsequent juniors fill JR rounds

A FINAL only

Open Men	JR Men
Q1 1:20	Q1 1:40
Q2 1:25	Q2 1:45
Q3 1:30	Q3 1:50
Q4 1:35	Q4 1:55
Semi 1 2:00	Semi 1 2:10
Semi 2 2:05	Semi 2 2:15
Final 2:20	Final 2:25

